



## Our Friend in the office

For the last five years, Camilla Callander has been the indefatigable secretary to the Friends, a role which has expanded with the increase in number of volunteers.

Camilla is probably one of the first people our volunteers come into contact with when they join the Friends and she offers support and guidance as well as a vital link between the hospital and the Friends' office.

The Friends office is open Monday to Friday, 9am-1pm and is situated on the ground floor of the hospital.



**The Friends Office:**  
T:020 7352 3875  
[friends.chelsea@rmh.nhs.uk](mailto:friends.chelsea@rmh.nhs.uk)

## Professor Martin Gore thanks the Friends

It has been another important year for the Friends and the Hospital. We continue to deliver excellent service to our patients and we continue to perform at the highest internationally competitive level in our research.

We could not deliver the service that we do without the help of the Friends who are able to support our patients in so many ways providing refreshments in outpatients, the Friends shop, a trolley service to inpatients and a very welcomed meet and greet service.

The assistance given to patients at meal times on Horder ward is particularly welcome as is the work that the Friends do in the medical day units and in outpatients.

All of us who work in the Hospital are extremely grateful to each of the 230 volunteers who support our patients in such a wonderful way.

The Friends also continue to support important research projects, in particular funding vital equipment for researchers. Projects that have benefited this year include the Surgical Pre-assessment Unit, the Critical Care Unit and the Histopathology Department. Natalie Doyle leads our Survivorship Program and the Friends have generously supported her work with lung cancer and other patients.

The Friends provide so much for the Hospital and I and my colleagues are truly grateful.



On behalf of all of us, and the patients, I would like to say a big 'thank you' and wish the Friends all the very best for 2016. With your help, we look forward to continuing to improve the service we give to our patients.

**PROFESSOR MARTIN GORE**  
PhD FRCP  
**Medical Director**



## Welcome

Celebrating  
**80 yrs**  
1935-2015

In 1935, a modest voluntary group of ladies set themselves the task of creating this wonderful organisation which we now call the Friends. During the past 80 years, whilst following in the footsteps of our predecessors, we have continued to move on, extending our responsibilities and duties to get us to where we are today.

## “The Friends give practical as well as financial support to The Royal Marsden, Chelsea”

Our numbers have reached over 230 volunteers, which in itself is quite incredible and we now run 15 departments throughout the hospital.

Every day, for 52 weeks of the year we have anything up to 25 volunteers working in the hospital. The volunteers are first and foremost helpers whose role is to support the work of the hospital by attending to the comfort of patients and staff beyond that which is given by the hospital.

I feel extremely privileged to be a part of this incredible institution, working with such talented and dedicated

Individuals who give up their valuable time to assist wherever and whenever needed.

We have come a long way in 80 years although we have never lost sight of the inspirational aims and objectives of the Ladies Association which, all those years ago, recognised that the Friends really could make a difference to the comfort and well being of all patients at the Royal Marsden.

Thank you. Without you we would not be what we are or where we are today.

**JACQUIE GULBENKIAN**  
**Chairman**



## Why Volunteer?

### What the volunteers say



"I love the patient and family interaction and getting to know them. It makes me realise just how fortunate I am to be in good health."  
**Jenny, Friends' cafe**



"The patients are the main reason I volunteer..I enjoy hearing their stories, getting to know them and helping in anyway I can."  
**Suzanna, Tea trolley**



"I love caring and helping people in as many little ways as I can. Often the smallest thing can make a big difference to a person's day."  
**Georgiana, Flowers**



"I love being able to chat and interact with the patients and their families at the same time as feeling I am really giving something back."  
**Mary, Friends' shop**

### Are you interested in being a Friend or volunteer?

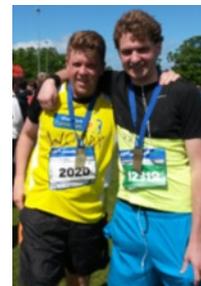
For more information contact Camilla on 020 7352 3875 or email [friends.chelsea@rmh.nhs.uk](mailto:friends.chelsea@rmh.nhs.uk)

## Fundraising news

### Running for Pudding raises £27,000

**In May 2015, Charles Woodhouse ran the Edinburgh marathon in memory of his Mother, Pudding and in so doing raised over £27,000 for the Friends of The Royal Marsden, Chelsea.**

"Looking at me you would realise soon enough that running 26.2 miles around Edinburgh would not be easy. And so it was it proved. Having trained for over two and a half months, I was very pleased to complete the course in 4 hours 8 minutes, alongside my friend and partner in crime, Fred Ward



who finished in under 3 hrs 55 minutes.

"During the run, I had time to reminisce and reflect on all the bravery that I saw from Mummy during her time in

the Royal Marsden. This run was my small effort at raising some funds for the Hospital that looked after her."

### "We rely hugely on both fundraising and donations to support the work of The Friends"

#### Marathon runner raises over £5,000



In 2015, the Friends were lucky enough to win a single place in the Virgin London Marathon.

Taking on the challenge, Cameron Wimble completed in just

over four hours and raised more than £5,000 for the Friends.

"It was tough going, especially after the 18 mile mark, but I was hugely proud to run for the Friends.

"I am very grateful to have been supported so generously and I cannot think of a better cause for the funds to go towards."

**The Friends have won a ballot place for the Marathon in 2016. Look out for the fundraising page which will be coming up soon on [www.virginmoneygiving.com](http://www.virginmoneygiving.com)**

#### Subscriptions contribute more than £17,000

Aside from the work the volunteers do in the hospital, The Friends have this year contributed over £17,000 in subscriptions.

These subscriptions are collected annually from every Friend, whether they are a volunteer or not and every penny goes towards supporting the purchase of equipment, services and amenities for patients and staff at the Royal Marsden.

#### Every penny counts

At any one time the Friends have over 50 donation tins in circulation. Each contributes substantially to the £12,000 which has already been collected this year.

**For information about how to place a tin in your own home or with a supplier or retailer, contact Camilla in the Friends' office.**

FOUNDED IN 1851 BY  
WILLIAM MARSDEN MD

## Where the money goes

What makes the Friends of The Royal Marsden so special is that not only do they raise much needed funds but they also offer dedicated hands on practical support for the benefit and care of patients and staff at The Royal Marsden.

Three quarters of the way though 2015, the Friends have spent some £149,000 with a further £114,000 committed. By the end of this year, they will give in excess of £260,000 to the hospital.

### Information Videos / DVDs

- Oesophagal/Gastric cancer DVD £6,400
- Nurse recruitment DVD £1,600
- ICU DVD £2,400
- CCU Theatre work DVD £2,300
- Yoga & Physio DVDs £300

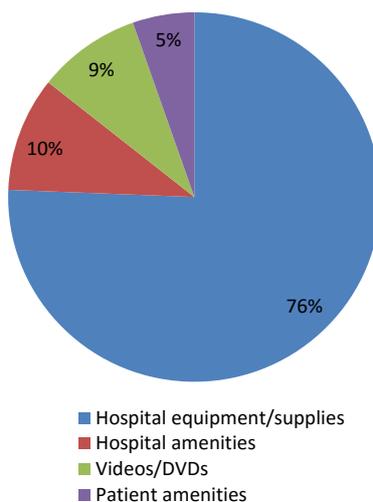
**£13,000**

### Hospital Amenities

- Regency staircase refurb £2,200
- Network information screens £5,500
- Annual music licence £6,200
- Garden upkeep £1,100

**£15,000**

### Distribution of funds to Sep 2015



### Patient amenities

- 1000 x pedometers £2,100
- Newspaper ward trolley £1,400
- Aromatherapy supplies £500
- RDAC/Radiotherapy coffees £2,000
- Yoga classes £1,500
- Piano tuning £500

**£8,000**

### Hospital Equipment / supplies

- 2 x cystoscopes £44,000
- 10 x additional wheelchairs £12,000
- 4000 x patient blankets £50,000
- Tattoo equipment £3,200
- Patient modesty gowns £2,800

**£113,000**

## “The Friends enthusiasm, dedication and commitment is outstanding”



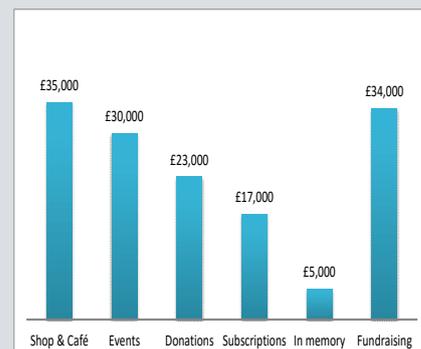
Lynne Hopwood has been associated with The Friends of The Royal Marsden in Chelsea over many years.

Her role is to be the link between The Royal Marsden & The Friends, offering support to the committee, as well as making requests on behalf of the hospital for financial support for equipment and services that enhance patients' care and experience at The Royal Marsden.

“I really appreciate the contribution of The Friends to the hospital. Their enthusiasm, dedication and commitment is outstanding.”

LYNNE HOPWOOD  
Associate Director, Community Services Division

### Money raised to end Sep 2015





## Fundraising for the Friends

The Friends are active fund raisers and every year they plan and participate in a huge variety of events and activities. Over the course of each year, they raise in excess of £50,000 from ticket sales for Jazz, Quiz and Fashion Shows as well as their bi-annual Summer Drinks Party.

Chairman, Jacquie Gulbenkian commented "As The Friends go from strength to strength we have been very fortunate to have attracted some very high profile sponsorship. What this means is that we can give even more money to the hospital which, in turn, improves the experience for every patient at The Royal Marsden, Chelsea"



**Top row** left to right: Sandra Franklin, Jac Craig Jacquie Gulbenkian, Michael van de Vyver, Countess Cadogan; Sarah Ashby, Mary Morrissey.  
**Middle row** left to right: Sally Robotham, Jane Munday; the Rt Hon Earl Cadogan, Cally Palmer, Countess Cadogan.  
**Bottom row** left to right: Mary Herbert, Jacquie Gulbenkian, Jackie Kirvan; Toni Pardo MBE, Michael van de Vyver, Professor Martin Gore, Jacquie Gulbenkian; Hazel O'Leary, Susanna Beckett, Bolla Denehy.

## Thank you

To all the sponsors who so generously Supported the Friends in 2015.

- Martin & Co, estate agents
- Chateau St Jacques d'Alba Minervois, France
- Latimer vintners
- Great Oakley farms
- Barry family foundation
- Acorn Ind. services
- Jane Asher
- Twizzle entertainment
- Elizabeth Gage jewellery

If you, or anyone you know, maybe interested in sponsoring any future Friends events, please contact the office

## Adding value to the Royal Marsden

There are currently over 400 Friends, 230 of whom volunteer in the hospital assisting with the Friends' shop and cafe, the shop trolley, tea trolley, hobbies trolley, flowers, garden, magazines, books, mealtime assistance, medical day unit, meet and greet and outpatients.

Everyday, for five days a week, 52 weeks of the year there are around 25 volunteers working in

the hospital, which amounts to almost 20,000 hours of help each year.

When added to the funds of some £250,000 which the Friends contribute annually to the hospital for the benefit of patients and staff this puts a conservative value on the Friends of in excess of £500,000 per annum.